



SMARTS Adult Classes for Veterans, Summer 2022

Sponsored by the VA Northeast Ohio Health Care System (VHACLE)

Discover a creative approach to the Circle of Whole Health through the arts in SMARTS classes designed specifically for Veterans! All classes are free and open to all Veterans. Enrollment is ongoing, and students can join at any time. Classes take place virtually, live online via Zoom. Receive the Zoom link after enrolling online at SMARTS.

1. If you have not already, first complete a New Adult Student application on our web site at www.SmartsArtSchool.org/.
2. Then, enroll in classes here: www.SmartsArtSchool.org/classes-enroll. No experience is necessary to participate, and SMARTS teachers will provide adaptations for any physical limitations.

July 13 – Aug 18 (six weeks)

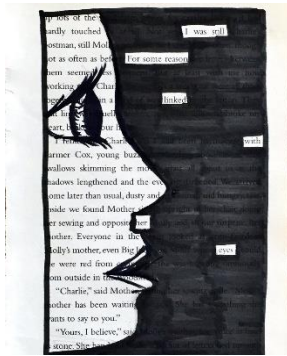


Virtual SMARTS Drawing Techniques

Wednesdays @ 5:45-6:45 pm

July 13, 20, 27 | Aug 3, 10, 17

Choose an aspect of the Circle of Whole Health that you would like to focus on. Work with the instructor to come up with an idea for a drawing that represents that aspect of health. Then draw under the direction of the instructor and receive feedback on drawing technique to bring your art to life. [View the Circle of Whole Health here](#). **Supplies:** Paper, pencil



Virtual SMARTS Blackout Poetry

Thursdays @ 5:30-6:30 pm

July 14, 21, 28 | Aug 4, 11, 18

Choose an aspect of the Circle of Whole Health that you would like to focus on. Then work with the instructor to create poems by ripping a page from a book and using a black Sharpie to cross out - or "black out" - the words you don't want. The remaining words will be read as a new piece of writing. The more you practice, the more creative, clever, and visual your poems will become! [View the Circle of Whole Health here](#). **Supplies:** Paper, pencil, black Sharpies (other colors optional), used books to rip pages from



SMARTS, Students Motivated by the Arts

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www.SmartsArtSchool.org